

Sweet Potato Mousse

Serves 4

1-1/2 cups	cooked sweet potatoes, cold and pureed
1-1/2 cups	whipped cream
1 tsp	ground cinnamon
1/2 tsp	ground nutmeg
1/4 tsp	ground ginger
	rum

1. In a large bowl, place the cooked and pureed sweet potatoes, Incorporated about 1/3 of the whipped cream, then fold the remainder. Add spices and blend.
2. Place in dishes and serve with a rum floater if desired.

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